

Government of West Bengal
Department of Youth Services
32/1 , B.B.D Bag (South), Standard Building, 1st Floor
Kolkata – 700001

Memo No. 466 / YS

Dated – 23/07/2015

Sealed rates are invited from the reputed & renowned manufacturer of popular brands of multigym equipments for enlistment of these brands for supplying of gym equipments as per specifications given below to enable Schools / Colleges to seek financial assistance @ Rs. 3 lakh from this Deptt. The schools / colleges will directly purchase gym equipments from the enlisted manufacturer / brands as per their choice . The manufacturer will have to mention rod size and other items as per IS specification . While submitting the rates , the manufacturers are to submit the pictorial presentation of their articles from different angles along with documents like Trade Licence , Vat Clearance , Experience in supplying such equipments to club/school etc.,if any , IT return of the firm for the last 3 yrs . The sealed cover along with the above documents must reach the undersigned by 05/08/2015 upto 3 PM by hand or by registered post .

List of Gym equipments -

(Compulsory Equipments) (Name of Brand -)	Rate	Quantity
<p style="text-align: center;">24 workouts for 16 persons</p> <ol style="list-style-type: none"> 1. Multi Press Chest & Front Back Shoulder Lift-100 kg 2. Lat Pull Down / Upright Row/Standing Bicep - 80 kg 3. Low Row/Single Arm Cable/Side Kick/Back Kick – 50 kg 4. Pec Dec – 60 kg 5. Leg Extension/Hamstring Curl (Leverage Series) – 30 kg 6. Wrist Conditioner – 20 kg 7. Calf Raise Extension or Power Pivot – 25 kg 8. 45* Hypro Extension or Pro Step – 9. Vertical Knee Raise 10. Pull Up 11. Dip Bar 12. Twister 13. Abdominal Crunch 14. Preacher Curl 15. Push Up 16. Seated Twist Pro 		
<p>Manual Roller Treadmill Heavy Duty</p> <p>Running area 15" X 48", all steel rollers with bearings for smooth motion, electronic computer with functions like scan / speed / time / distance / calories .</p>		
<p>Exercise Cycle Heavy Duty</p> <p>Sensitive adjustment of resistance, adjustable handles and seats to suit all builds and heights, excellent exerciser for</p>		

cardiovascular and muscle toning, monitor for speed and distance measurement .		
Equipments (as per choice)		
Hex Dumbell – 50 kg		
Weight Plates Regular – 50 kg , Barbell Rod – 4 ft , Barbell – 5ft		
Gym Ball – 65 cm with Hand Pump		
Push Up Bar		
Weighing Scale – Load Capacity 150 kg		
Exercise Mat 1730 mm X 610 mm PVC Mat		
Medicine Ball – 2 kg / 3 kg / 4 kg		
Foam Roller		
Balance Board		
Resistance Tube (9ft Latex rope with plastic grip)		
AB Slimmer		
Aerobic Step (Adjustment Blocks , platform for shock absorption, non – skid surface)		

Joint Secretary to the Govt. of West Bengal